

7 Levels of ENERGY LEADERSHIP



LEVELS	CORE	ADDITIONAL	SOLUTION FINDING	MY CHOICE OF ENGAGEMENT
Level 7	<p>Core Thought: Non-judgment</p> <p>Core Emotion: Absolute Passion</p> <p>Core Action/Result: Creation</p>	<p>"Winning and losing are an illusion." I AM</p> <p>Unconditional love, ecstasy</p> <p>Genius, focus on "every" and "no" thing</p>	<p>There are no such things as problems, solutions, winning or losing. Experiences in life are part of the game that is neither won nor lost...only played.</p>	
Level 6	<p>Core Thought: Synthesis</p> <p>Core Emotion: Joy</p> <p>Core Action/Result: Wisdom</p>	<p>"Everyone always wins." I am you.</p> <p>Fearless, oneness</p> <p>Ability to access intuition, focus on the whole (emotional)</p>	<p>Have the understanding that problems don't exist; there are only opportunities to observe and experience.</p>	
Level 5	<p>Core Thought: Opportunity</p> <p>Core Emotion: Peace</p> <p>Core Action/Result: Acceptance</p>	<p>"We both win." I understand you.</p> <p>Calm, confidence, positive</p> <p>Focus on the opportunities and what is right, little is taken personally (mental)</p>	<p>Dig into the problems and find the opportunity that is always there for all involved.</p>	
Level 4	<p>Core Thought: Concern</p> <p>Core Emotion: Compassion</p> <p>Core Action/Result: Service</p>	<p>"You win." I care, I need to fix it.</p> <p>Gratitude, love, caring</p> <p>Deep connection with and focus on others, helping vs. controlling (emotional)</p>	<p>Create a winning solution for others involved.</p>	
Level 3	<p>Core Thought: Responsibility</p> <p>Core Emotion: Forgiveness</p> <p>Core Action/Result: Cooperation</p>	<p>"I win, if you win, too, great." I forgive you.</p> <p>Relief, keep emotions in check</p> <p>Rationalizing, justification, tolerance, using coping mechanisms, focus on self (mental)</p>	<p>Face the problem or challenge, rationalize it, and find an easy solution or a mechanism to cope.</p>	
Level 2	<p>Core Thought: Conflict</p> <p>Core Emotion: Anger</p> <p>Core Action/Result: Defiance</p>	<p>"I win, you lose." Life is a struggle</p> <p>Resentment, anger, greed, blame</p> <p>Have success yet focus on problems, micro-managing (emotional)</p>	<p>Fight to win in a challenge or conflict, muscle your way through a victory, therefore, exhausted.</p>	
Level 1	<p>Core Thought: Powerless</p> <p>Core Emotion: Apathy</p> <p>Core Action/Result: Lethargy</p>	<p>"I lose." Why bother?" I'm overwhelmed.</p> <p>Guilt, self-doubt, worry, fear, embarrassment</p> <p>Low engagement, unproductive, avoid confrontation (mental)</p>	<p>Ignore/hide from problems and hope they go away. Resistance to engage.</p>	